

## Tai Chi: Advanced Movements (Level 2) Course Schedule

*Please register for the schedule that you will keep for the entire eight-week course. Choose ONE of the options below to participate on those two days per week.*

INSTRUCTOR	DAYS	TIME
o Adriene	Tuesday & Thursday	9:30 to 10:30 a.m.
o Cassandra	Monday & Thursday	4:15 to 5:15 p.m.

**Call 1-800-AGE-LINE to Sign Up Now**

